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STEPin – Supporting parents to deal with the excessive online time and habits of their children: a prevention and intervention programme for all

STEPin – Newsletter 1

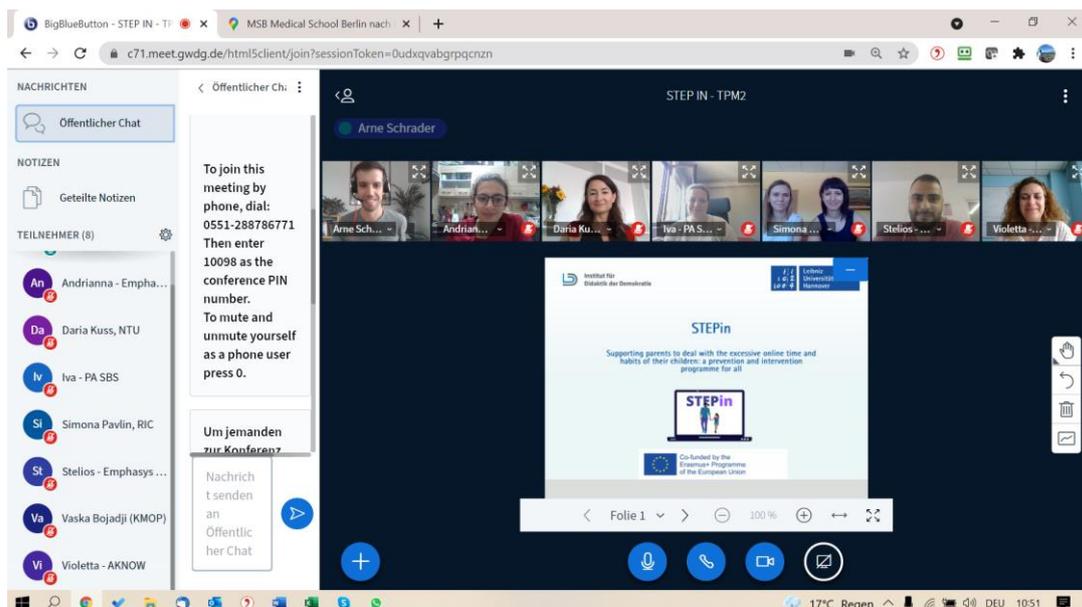
Welcome to the first STEPin-Newsletter!

STEPin is an Erasmus+ KA2 project which aims to help parents and adult educators dealing with internet/screen abusive behaviours. It is all about supporting parents to become role models for their children and motivators for using their time on-line in a sensible and constructive way while promoting the well-being of their children and the healthy lifestyle of their families.

In addressing the above, the project aims to:

- map out the current scene in all countries, record efforts to deal with Internet Abusing Behaviour/Addiction.
- develop a targeted upskilling programme for parents/educators, delivered in an engaging social learning environment and build around the concept of learner motivation.
- exploiting the role of parents as AMBASSADORS/ ROLE MODELS catering for the well-being of their children while introducing healthy life style within their families.

On July 8-9 the STEPin-partners met virtually for the 2nd transnational meeting. The goal was to wrap up the results of their first nine months of collaboration since the project had started.



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After the first intensive months, a first conclusion could be drawn about the development of the products planned in the project. Three of the four central project products are already on their way. The partners collected data via an online-survey for both parents and adult educators in all partner countries for the national monitoring reports, which should provide information on the current status of the topic of Internet-abusive-behaviour. They are now being correlated in a comprehensive comparative report. Best practices were collected and the work on the Competence Framework was started. The latter, with its modular structure, is already an important reference point for the development of educational materials in the project. The STEPin Advisory committee of external experts of all partner-countries was recently set up, a first meeting is planned for September/October.

The next steps of the project will include the continuous work on the outputs, setting up of a cloud-based-platform and an interactive addiction-assessment-tool for parents.

To learn more about our activities and the next steps of the STEPIN project, visit our website: <https://stepin-project.eu/> or follow us on our social media (<https://www.facebook.com/stepinproject>) for more updates!