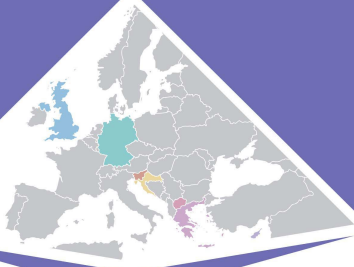




STEPin

We support parents and adult to become role models



The STEPin project aims to support parents in becoming role models and motivators for their children for using their time online in a sensible and constructive way. The goal is to empower them

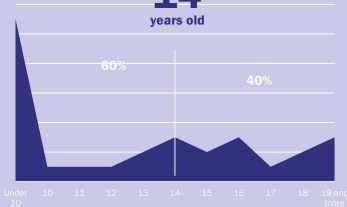
with knowledge, skills and tools so that they are able to recognise and deal with Internet Abusive Behaviour (IAB) and the dangers and consequences that come with it.

Needs and gaps of children and parents | Cyprus

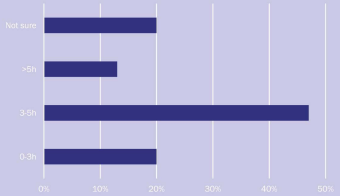
Parents

How old is your child?

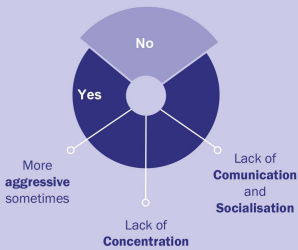
14
years old



How much time do your children spend on the internet per day/per week?



Do you/did you recognize any changes in your children's habits/behavior?



Do you know any strategies?

- Setting rules and limitations on internet use
- Keeping them active with outside activities.
- Take away devices and set passwords to avoid access

Challenges

- Lack of knowledge** in terms of appropriate amount of time online.
- Lack of knowledge** on how to approach the topic and whether the measures I am taking are effective
- Changes** in the hobbies and routines of the children due to the expansion of technology and the restrictions imposed by the pandemic.
- Not spending enough **time** with children due to work and household commitments.

Despite the many benefits, in terms of education and learning opportunities the internet can offer to children, it can also present some great risks and challenges such as the addictive nature of the

internet. Overall, both parents and adult educators require to develop key skills in order to be able to deal with IAB issues and support their children effectively in terms of prevention and intervention.

