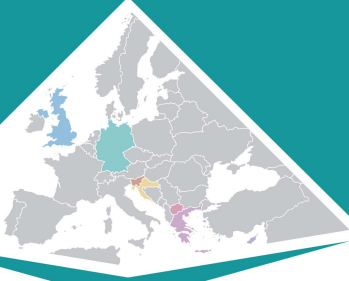




# STEPin

We support parents and adult to become role models



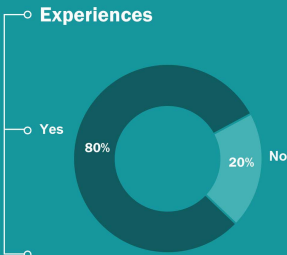
This part of the report will provide an overview of the results collected through online questionnaires, targeting adult educators and parents/

children in order to identify their needs and gaps in terms of IAB.

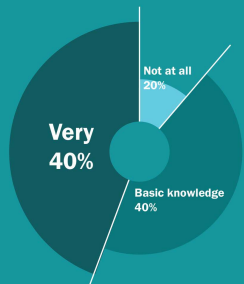
## Needs and gaps of adult educators | Germany

### Adult Educators

#### Experiences



#### How familiar are AE with the topic of online addiction of children and/or internet abusive behavior yourself?



In terms of their knowledge regarding IAB, two persons describe it as very good. Two people would describe it as rather basic. One person says that they could know more about the topic.

- Great interest regarding this topic among parents/teachers
- Discussing cases of IAB. Put those affected by IAB in the focus
- Which online behaviour is unhealthy?
- Important: Analyse the mechanisms that lead to IAB
- Recognising and dealing with IAB

#### Challenges

- Adults should understand the young people's view of life without condemning them for addictive behaviour; developing a differentiated perspective: Not every enthusiasm is an addiction. Media addiction is not the media's fault, but a consequence of social conditions.
- How can good and transparent rules be established to prevent unhealthy media behaviour?
- Promote digital literacy** among young people and parents to prevent addiction.
- Constant availability of addictive media for children.
- Creating online addiction is part of a business model behind which there is enormous economic power. The addiction factor is deliberately reinforced.

The responses show that IAB by children is an issue that many parents are overly concerned about,

especially now in pandemic times. Many parents are thinking about the extent to which their children's online use is appropriate.

