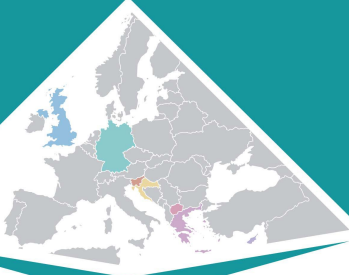




STEPin

We support parents and adult to become role models



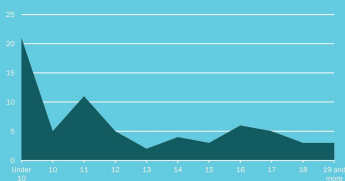
This part of the report will provide an overview of the results collected through online questionnaires, targeting adult educators and parents/

children in order to identify their needs and gaps in terms of IAB.

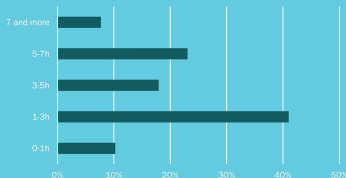
Needs and gaps of children and parents | Germany

Parents

How old is your child?



How much time do your children spend on the internet per day/per week?



Do you/did you recognize any changes in your children's habits/behavior?



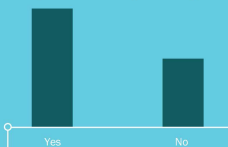
Most parents say that usage time has increased due to the pandemic, because of fewer alternative activities and of more digital learning in schools. Some parents say this increase is worrying, while others assume this to be just a pandemic effect.



Challenges

- How can we reduce the time children spend on the internet and do more together with them?
- How can clear rules be established? How can parents implement them consistently?
- Controlling rules is exhausting and holds a lot of potential for conflict. Restrictive rules also create the potential for aggression on the part of the children. This puts a stress on the relationship between parents and children.
- How can I deal with it if my own child is addicted to the Internet? How can I prevent my child from becoming addicted to online games?

Do you know any strategies?



Talk a lot with about it, reflecting their behaviour together

Limitation of usage time (daytime only or f. e. just two hours) and / or contents

Many activities together, with family and friends

Children can earn the right to use online devices

The responses show that IAB by children is an issue that many parents are overly concerned about,

especially now in pandemic times. Many parents are thinking about the extent to which their children's online use is appropriate.