



STEP IN

Supporting parents to deal with the excessive online time and habits of their children: a prevention and intervention programme for all



Parental Educational Pack

The Parental Educational Pack aims to support parents to deal with the dangers of Internet Addictive Behaviour (IAB) of their children.

In this context the following modules have been developed:

- Benefits of Internet Use
- Risks of Internet Use
- Risk Factors for problematic internet use
- Parental Skills
- Coping Skills

In addition, a wide selection of available tools, materials and resources will be offered to parents in the form of an e-library.

The next step will focus on the involvement of the parents in an upskilling pathway programme in order to gain key skills and competencies in relation to IAB.

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STEPIn Addiction Tool

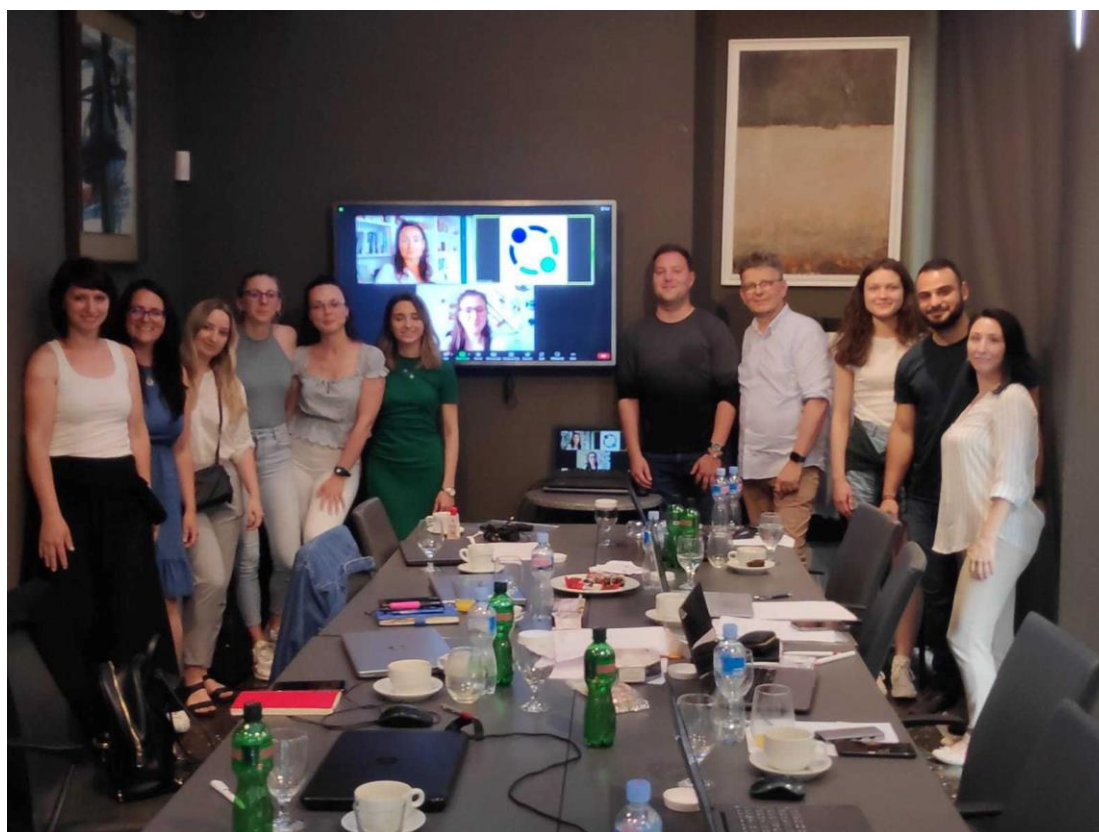
The STEPIn Addiction Assessment Tool will be available in the form of a mobile app, and can be used as an assessment tool for evaluating the level of IAB and provide intervention measures both for parents and their children.

The assessment tool is under development and will be available for testing soon!

3rd Transnational Project Meeting

The third meeting of the KA2 Erasmus+ Project STEPIn took place on 7-8 June 2022 in Skopje, North Macedonia.

Partners had the opportunity to finalize the material developed for parents and educators in order to manage effectively IAB, discuss the development of the mobile app which will be used as an assessment tool, and agree on the next steps which will involve the piloting with parents in all the partner countries.



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