



Begin your strategy



Today's prevalence of technologies in our everyday life has forced us to follow and adapt to the digital age. Despite everything, digital skills, especially of parents, are often not enough. The role of screens in children's lives is becoming increasingly important and for parents, it is crucial to understand how everything works. They need to spend more time guiding their children towards positive activities, raising their awareness of the dangers, risks, and acceptable activities, and encouraging them to be active outside the digital world.

Parents are the first to perceive changes in their children's lives, and the STEPin project is all about supporting parents to become role models for their children and motivators for using their time online in a sensible and constructive way while promoting the well-being of their children and the healthy lifestyle of their families.



When does acceptable become excessive?

We have created an online platform that functions as a helpdesk for parents and a comprehensive educational pack with learning material for parents and adult educators. Its aim is to provide the necessary knowledge, tools, and teaching resources for dealing effectively with internet addiction and associated risky behaviours through open and interactive up-skilling methodologies and motivational workflows based on an open-badges reward system.

Step-In MyStrategy

The STEPin ASSESSMENT TOOL assists the identification and assessment of children's behaviours related to Internet usage, their prior maladaptive rationalizations, and other personal, social, and/or familial issues leading to problematic Internet usage.

The STEPin interactive tool will

- identify
- · report
- · and suggest personalized moderation plans based on each user's needs.



One of the key functionalities of the online platform is the assessment tool with personalized feedback and an Action plan created once you answer the questions. A tool will identify, report, and suggest personalized moderation plans based on each user's needs.

Our next steps

We are currently testing the results and you are more than welcome to participate, view the results, explore the site and give feedback.

GET IN TOUCH

























